

Depression & Upper Cervical Chiropractic

Depression involves a combination of most of the following: inability to feel pleasure of any kind, loss of interest in most everything, self-hatred or guilt, inability to concentrate or do the simplest things, sleeping all the time or not being able to sleep at all, dramatic weight gain or loss, and suicidal thoughts or actions.

Depression is a thing unto itself, an undeniably physical and medical affliction.

Common Medical Treatments

Millions of Americans swallow pills daily hoping they will work some kind of magic and make their lives easier, less stressful. Maybe this pill, that white powder, or these capsules will make them feel better once they dissolve in their stomach, enter the blood stream, and travel to the brain.

They have put their faith in medication, hoping it will relieve their present state of disease.

Antidepressant pharmaceuticals are a multi-billion dollar industry.

Every media is bombarded by ads for these drugs. As you watch these commercials, note the careful language they use in suggesting that depression “may” be caused by a chemical imbalance in the brain. They go on to tell you how the medication “can correct” this biochemical imbalance.

What many Americans don’t know is that **there has never been definitive research** that proves depression is caused by a chemical imbalance.

Can an Upper Cervical Correction Help?

The most common misconception about Upper Cervical care is that it only helps back and neck pain.

Upper Cervical care is based on the universal law of cause and effect. For every effect or symptom, physical or mental, there must be a cause.

Upper Cervical doctors recognize that the body is a self-healing organism, controlled and coordinated by the central nervous system, which is protected by the skull and spine.

Using a gentle technique, Upper Cervical doctors locate and remove interference to the nervous system, allowing the body to heal itself naturally without drugs or surgery.

Align Your Spine!

If the first two bones in your neck are misaligned, communication between the brain and body is interrupted and can cause numerous health problems.

Even a mild concussion to the head, neck or upper back can increase the risk of depression. Studies show that depression is a common diagnosis in patients with whiplash, an injury that can directly affect the upper neck and lower brainstem.



SCAN HERE FOR REFERENCES



If you currently suffer from depression and would like to seek advice from an Upper Cervical Chiropractor, please schedule an appointment today!
onetemplewellness.com