

Digestive Disorders & UCC

For most people, digestion is a natural process that we take for granted. However, there are millions of Americans who are not as fortunate. When the digestive process goes awry, it can result in any number of digestive disorders.

A common component of these disorders is a nervous system that is “out of sync.”

What Causes Digestive Disorders?

Research and clinical evidence continues to suggest that a malfunctioning nervous system may be a key factor in the development of many digestive disorders.

Much of the control of the digestive system is under the direct control of the brainstem via the vagus nerve. The brainstem is the command center for many vital functions, including digestion.

Common Medical Treatments

Many sufferers attempt to treat their symptoms with over-the-counter (OTC) drugs. If this fails, they are typically given prescription drugs or steroids. As a last resort, surgery may be recommended to repair or remove a section of the digestive tract.

However, the *Physician's Desk Reference* reveals that the drugs used to treat digestive disorders can have dangerous side effects. Some may even cause further digestive distress.

Can an Upper Cervical Correction Help?

The most common misconception about Upper Cervical care is that it only helps back and neck pain.

Upper Cervical care is based on the universal law of cause and effect. For every effect or symptom, physical or mental, there must be a cause.

Upper Cervical doctors recognize that the body is a self-healing organism, controlled and coordinated by the central nervous system, which is protected by the skull and spine.

Using a gentle technique, Upper Cervical doctors locate and remove interference to the nervous system, allowing the body to heal itself naturally without drugs or surgery.

Align Your Spine!

If the first two bones in your neck are misaligned, communication between the brain and body is interrupted and can cause numerous health problems.

Misalignments in the upper cervical spine (neck) can affect **the function of the brainstem that controls major bodily functions**, including digestion.



If you currently suffer from a digestive disorder and would like to seek advice from an Upper Cervical Chiropractor, please schedule an appointment today!
onetemplewellness.com